

# BABAJI'S KRIYA YOGA

## LEVEL 1 INITIATION AND RETREAT WITH ROHINI

### The first in a series of progressive initiations In Babaji's Kriya Yoga In Ubud, Bali August 9-15, 2012

The goal of life is happiness, peace, love and enlightenment. The desire for perfection comes from the Self, the image of God which seeks to express itself through all humanity.

KRIYA YOGA is a scientific art of perfect God truth union. It was revived in modern times by a great master of India, Babaji Nagaraj, as a synthesis of the teachings of the 18 Siddhas. It includes a series of techniques.

#### **Stay @ Narasoma Retreat Beji Lane, Ubud**

- \* Twin-share accomm \* Pool relax
- \* Temple Rituals \* Massage option
- \* 2 meals daily \* Airport pickup
- \* Walk to Yogabarn

**Also Satsang with world renowned  
Guru Ketut Arsana**  
From \$990 AUD p.p.  
**Registration/Initial Payment \$500**  
by June 10 by e-bank/cheque/MO

In this weekend you will learn 18 postures for greater health, relaxation and energy; the 6 phases of the powerful breathing technique, known as

“Kriya Kundalini  
Pranayama”

to awaken and circulate subtle energies; 7 techniques of meditation to cleanse the subconscious, to master the mind and to bring about realisation of the Self and Absolute Reality.

Rohini has practiced Kriya Yoga intensely since 1999, under the guidance and direction of M. Govindan, disciple of Babaji and author of the book Babaji and the 18 Siddha Kriya Yoga Tradition. After fulfilling certain rigorous conditions over several years, Rohini was inducted into Babaji's Kriya Yoga Order of Acharyas in Bangalore, India. She is now authorised to conduct first level initiations into Babaji's Kriya Yoga in Australia and abroad. She began her study of Yoga in the 1990's with Patabhis Jois, in Mysore and has raised a daughter through college graduation, managed a boutique and taught high school students. She gives a free monthly introductory lecture and asana class at her home in Daylesford, one hour from Melbourne, Australia, and teaches Kriya Yoga in seminars all over Australia and abroad.

For more information, or to enroll, contact:

Rohini (Rosi Ladner)  
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Australia

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Visit [www.babajiskriyayoga.net](http://www.babajiskriyayoga.net)



Awaken Kundalini Energy safely with Yogacharini Rohini

# Babaji Kriya Yoga Retreat Ubud, Bali (Inclusive) August 9<sup>th</sup> - 15<sup>th</sup> 2012 1st Initiation

Register by June 10th, 2012



Yoga Shalla Ashram Munivara



Narasoma Garden

Venues: Narasoma Retreat  
& Ashram Munivara, Ubud

Retreat \$990 <sup>SAUD</sup> per person (ex-airfare)

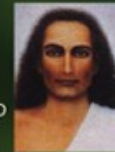
18 Asanas, 6 Pranayamas  
7 Dhyanas, Accommodation  
Veg meals and airport pick up inclusive  
Temple Rituals & Local Gurus  
Relax in the pool or book a massage optional

#### Prerequisite:

- Completed Enrollment Form
- and Full Payment by July 10th

#### Special Offers: (ex-airfare)

- Early Bird by June 10th only \$990pp SAUD
- Bring a participating friend only \$900pp SAUD



Babaji Nagaraj

**Phone Rohini 0401 369 743**

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