

**Satsang at the Ashram**  
**with M Govindan Satchidananda**  
**Sunday, May 7th, 2023**

Dear Kriyaban,

Om Kriya Babaji Nama Aum

You are invited to attend a satsang which will take place on Sunday, May 7th, at our Ashram in St-Etienne-de-Bolton. Bring you copy of the *Kriya Yoga Sutras of Patanjali* if you have one, and something to write.

Here is the schedule :

**3:15pm - Kriya Hatha Yoga**

**4:15pm - Break**

**4:30pm to 6pm - Satsang with Satchidananda**

**Please confirm your presence by replying to this message.**

Om Shanti

Amrit  
Kriya Yoga Ashram  
196 Mountain Road  
St-Etienne-de-Bolton, QC  
1-888-252-9642